Inference at $*$
of proof for Lemma singleton_properties:

$\vdash \forall T$:Type, a:T, x:$\{a$:$T\}$. $x = a$
by ProvePropertiesLemma

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http://www.nuprl.org/FDLcontent/p0_942988_/p121_97454_{singleton_properties}.html